



**Society of Australian Sexologists LTD
Psychosexual Therapist Accreditation Criteria**

Criteria	Associate	Clinical
1. Membership of the Society of Australian Sexologists Ltd.	•	•
2. Pledges to adhere to the Society of Australian Sexologists Ltd. Code of Ethics and Practice	•	•
<p data-bbox="91 687 949 716">3. Proof of Registration with Approved Professional Association –</p> <ul data-bbox="232 743 1738 1054" style="list-style-type: none"> <li data-bbox="232 743 1738 842">• AHPRA Occupations include: Medicine, Nursing & Midwifery, Physiotherapy, Psychology, and Occupational Therapy (The occupations listed for APHRA that are not appropriate for psychosexual therapy accreditation are: dentistry, podiatry, chiropractic, optometry, osteopathy, and pharmacy). <li data-bbox="232 869 427 898">• PACFA MAs, <li data-bbox="232 925 696 954">• Australian Counselling Association, <li data-bbox="232 981 759 1010">• Australian Association of Social Workers <li data-bbox="232 1037 734 1066">• or equivalent Professional Association <p data-bbox="181 1134 1789 1230">International Applicants: Applicants from countries other than Australia seeking accreditation as a Psychosexual Therapist will need to meet this criterion as appropriate to their national registration standards. Proof of registration with the respective professional body will need to be supplied.</p>	•	•
4. Proof of Professional Indemnity Insurance	•	•
5. Proof of National Police Check (and/or Working with Children’s Check where appropriate)	•	•

<p>6.</p>	<p>Sexological Education - A minimum of 216 hours (or RPL equivalent) is required covering the following content areas:</p> <ul style="list-style-type: none"> • Overview of the discipline of sexology (including historical and contemporary approaches to psychosexual therapy and sexuality research); • Socio-Cultural Aspects of Sex, Sexuality, and Gender (including sexual and gender diversity/identity, spirituality/religion, ethnicity/race, ability, sexual subcultures); • Sexual Function and Dysfunction (including diagnosis, testing/assessment, intervention); • Sexual and reproductive anatomy and physiology (including models of sexual response cycles); • Developmental sexuality across the lifespan; • Knowledge of sexually transmitted infections and safer sex practices; • Knowledge of atypical sexual behaviours (including rape and sexual assault, paraphilias, and fetishes); • Familiarity of current research in psychosexual therapeutic and sexuality-related (broad) research. 	<p>•</p>	<p>•</p>
<p>7.</p>	<p>Sexological Psychotherapy Training – A minimum of 72 hours (or RPL equivalent) is required covering the following areas:</p> <ul style="list-style-type: none"> • Communication skills training in a sexological context (interpersonal micro-skills, report writing); • Professional practice issues in psychosexual therapy (including sexual history taking, self-awareness/self in the therapeutic context, referrals, professional development, ethics, law); • Counselling issues in psychosexual therapy; • Counselling theories. 	<p>•</p>	<p>•</p>



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<p>8.</p>	<p>Attitudes and Values Training Experience – a minimum of 12 hours is require in:</p> <ul style="list-style-type: none"> • A Society of Australian Sexologists Ltd. approved Attitudes and Values training experience (e.g. SAR); consisting of a process oriented exploration of the applicant's own feelings, attitudes, values, and beliefs regarding human sexuality and sexual behaviour. • Such training is not to be construed as personal psychotherapy or as an academic experience in which the primary emphasis is on cognitive information. • The applicant will submit a one page comprehensive statement of his/her professional philosophy and goals of psychosexual therapy including how the SAR affected that philosophy. 	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
<p>9.</p>	<p>Supervision and Client hours</p> <ul style="list-style-type: none"> • A minimum of 200 client-contact hours with a minimum of 50 supervision hours; consisting of a minimum of 30 hours individual supervision with maximum 20 hours group supervision. • The supervisor needs to be approved by Society of Australian Sexologists Ltd. • These hours need not be in sex therapy. 	<ul style="list-style-type: none"> • 	
	<ul style="list-style-type: none"> • A minimum of 1000 client-contact hours (may include the above 200 hours), with a minimum of 80 supervision hours (may include the above 50 hours); consisting of a minimum of 50 hours individual supervision, with a maximum of 20 hours group supervision and a maximum of 10 hours peer supervision. • The supervisor needs to be approved by Society of Australian Sexologists Ltd. • All hours except the first 200 hours MUST be sex therapy oriented. 		<ul style="list-style-type: none"> •

10.	<p>Ongoing Clinical Supervision</p> <ul style="list-style-type: none"> To maintain Clinical Accreditation status, clinical members must engage in 15 hours of formal supervision each year, meeting the below criteria; Clinicians with a minimum of 5 years post graduate psychotherapeutic experience in sexology may elect to have either 5 hours of individual formal supervision, or 5 hours of formal small group facilitated supervision with less than 6 individuals with a designated supervisor; plus a minimum of 10 hours of peer supervision; Clinicians with less than 5 years post graduate psychotherapeutic experience in sexology are required to engage in a minimum of 5 hours of individual supervision; plus a minimum of 10 hours of peer supervision, or formal small group facilitated supervision with less than 6 individuals with a designated supervisor; The supervisor needs to be approved by Society of Australian Sexologists Ltd. 		•
11.	<p>Ongoing Clinical Practice</p> <ul style="list-style-type: none"> To maintain Clinical Accreditation a minimum of 50 hours of practice is required per calendar year, or 100 hours over two calendar years. These must be formal therapy sessions (i.e. 50 min sessions) and not <i>adjunct</i> to another role (e.g., occupational therapist, general practitioner, practice nurse). 		•
12.	<p>Continuing Professional Development (CPD)</p> <ul style="list-style-type: none"> A minimum of 30 points of professional development must be undertaken each year. CPD points must meet the criteria for CPD activities as listed below. For new accreditation applications a record of CPD for the previous two (2) years must be submitted with the initial application (equiv. 30 points per year). CPD activities need to be varied and cover a number of areas. To ensure breadth a maximum of allocation of points have been placed in each area of activity to encourage diversity in professional development. 	•	•



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1. CPD activities:

Activity	Allocation
1. Attending Society of Australian Sexologists Ltd. Committee meetings (not clinical education sessions)	For every hour of meeting = 0.5 points to a maximum of six (6) points
2. Reading journal articles	For every journal article (record reading, for example reflexive journal entry) = 0.25 points to a maximum of six (6) points
3. Attending Society of Australian Sexologists Ltd. clinical education sessions	One (1) hour = one (1) point to a maximum of ten (10) points (certificate of attendance or receipt and description)
4. Attending Professional Development Activities (organised)	One (1) hour = one (1) point to a maximum of ten (10) points
5. Attending the Society of Australian Sexologists Ltd. Conference	Five (5) points per day to a maximum of ten (10) points (certificate of attendance or receipt and description)
6. Attending: <ul style="list-style-type: none"> • the Asia Oceania Federation of Sexology (AOFS); or • the World Association for Sexual Health (WAS) Conference; or • other professional conferences with a clear link to sexology and/or therapeutic intervention. 	Five (5) points per day to a maximum of ten (10) points (certificate of attendance or receipt and description)
7. Undertaking postgraduate coursework studies with a clear link to sexology and/or therapeutic intervention.	Two (2) points per semester unit/subject to a total of sixteen (16) points (8 subjects/units)
8. Undertaking postgraduate research studies (Research degree only; research components of coursework degrees are generally listed as subjects/units in the course) with a clear link to sexology and/or therapeutic intervention.	Fulltime enrolment, a total of ten (10) points. Part-time enrolment, a total five (5) points. *Research only degrees are narrower in focus than coursework degrees.